

## SBCC Daily On-Line Bible Study

**Allow God to draw near to you as you go deeper in His Word. Spend some time in prayer as you prepare to apply the Spirit's teaching to your daily life.**

**September 16, 2022** [Psalm 70](#) - [Psalm 70:1-5](#)

### Open It

1. In what way is your life either fast paced or laid-back?
2. What goes through your mind when someone says to you, "Hurry up"?
3. What are some everyday examples of the fast-paced nature of life today?

### Explore It

4. What attitude begins and ends this psalm? ([70:1](#), [5](#))
5. What is the theme of this prayer? ([70:1-5](#))
6. What did David ask of the Lord? ([70:1-5](#))
7. What does this prayer reveal about David's relationship with the Lord? ([70:1-5](#))
8. What predicament prompted David to write this psalm? ([70:2-3](#))
9. What effects of God's help are described in this passage? ([70:2-4](#))
10. How did David want God to treat his adversaries in comparison to other believers? ([70:2-4](#))
11. In what specific ways did David depend on the Lord? ([70:2-5](#))
12. How does this psalm describe the people whom God chooses to bless? ([70:4](#))
13. How would God's deliverance of the psalm writer affect others? ([70:4](#))
14. What reason did David have for praising the Lord? ([70:4](#))
15. How did David feel about his ability to save himself? ([70:5](#))
16. How did the psalm writer describe the Lord? ([70:5](#))
17. What did David ask God to do? ([70:5](#))

## **Get It**

18. When are you often in a hurry?
19. What usually motivates us to pray?
20. When have you felt a sense of urgency in your prayers?
21. What should we do whenever we panic?
22. How should we pray when we feel a sense of urgency or panic?
23. When and how does God want us to pray?
24. What behavior and attitudes does this passage advise us to avoid?
25. According to this psalm, what should we do?
26. What does it mean to seek the Lord?
27. What can we learn from David's example of dependence on the Lord?
28. In what specific areas of your life do you need to depend more on the Lord?
29. How would you like your relationship with the Lord to be more like David's?
30. About what do you feel a sense of urgency or that time is running out?
31. In what ways do you think you could strengthen your relationship with God?

## **Apply It**

32. What urgent or pressing matter will you bring to the Lord today?
33. How do you want to pray differently about your most pressing concerns?
34. What changes would you like to make in your prayer habits this next week?